

North East London Population Health Profile

Place level findings

Produced by NEL Insights Team with input from the NEL Population Health Team

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The profile provides a common overview

We present a summary NEL population health profile, to support us to embed population health and health equity across everything we do as an Integrated Care System (ICS). It is intended as a high level overview to support a common view of our population health among those working across the system and is based on the [full report](#) located on the NEL intranet.

The indicators selected include a demographic and deprivation profile, data on the wider determinants of health and prevention, and key health outcomes. It reflects our four ICS priorities – children and young people, mental health, long term conditions and employment.

Caveats

- Indicators were selected through a consensus process and rely on data being available and present a wide but not fully comprehensive view.
- The latest data will not reflect the significant changes that may have occurred due to Covid-19.
- This is a snapshot at a single point in time.
- This is not a Joint Strategic Needs Assessment.

For more insight into population health, please refer to local Joint Strategic Needs Assessments. To provide feedback please contact Natasha.hobbs2@nhs.net



“NEL - What we know about our population”

**Population health profile for the
North East London
Health & Care Partnership**

NEL Insights team

May 2022

Version: 4.0

North East London Health and Care Partnership is our integrated care system, which brings together NHS organisations, local authorities, community organisations and local people to ensure our residents can live healthier, happier lives.

This pack provides place level findings

This pack provides key findings by place, highlighting equity performance of our chosen indicators across NEL places, as well as a comparison with national and London averages.

To construct this pack we selected indicators which 'stand out' per NEL place. This mainly includes indicators which were highest and/or lowest when comparing to other NEL places and their performance.

Each NEL place has a demographic slide giving an overview of the place population, and an indicators slide which is grouped by the report chapters.

It is important to note that not all indicators are included in this pack. Analysis in this pack is by no means exhaustive and is not a replacement for the full report which should be referred to for more detail.

This summary pack should also be read alongside local place Joint Strategic Needs Assessments, which will provide a more in-depth, complete and strategic view of health needs and assets in the local population.

For a complete list of indicators, please refer to the end of this slide pack.



Population size & growth

In **2021**, the total **resident population of NEL** was estimated at **2.02m**, projected to **grow by nearly 364,000 (18%)** by **2041**. *This is equivalent to adding another place the size of Waltham Forest or Havering.*

75% of this growth is going to be **concentrated in 5** out of the **136 NEL areas** (MSOAs).

In **2021**, the **GP registered** population of NEL was **2.3m**, **13% greater** than the (estimated) resident population

NEL has a **young population relative to England**, with inner city *places* having a younger population than those in outer London. **60% of NEL** are of **working age**, while **only 15% are 60+**.



Healthy life expectancy

Most NEL *places* have a life expectancy and healthy life expectancy similar or lower than England. This is the same for both men and women.

Ethnicity

Over half (53%) of NEL's population is of **Black, Asian or mixed** ethnicity compared with **11% across England** overall. In **most NEL places**, **more than 30%** of the population is **non-UK born**.

25% speak a **language other than English** as their main language, with **Bengali (4%), Urdu (2%)** and **Turkish (2%)** being the **largest**.

Deprivation

Across all of NEL, **approx. 489,000 (24%)** live in areas ranked in the **most deprived 20% in England**

Of all IMD domains, deprivation in the domain of **Barriers to Housing and Services** is experienced most acutely by the population of NEL

With the exception of Havering, **all NEL places** have a proportion of **children in absolute low income families** **significantly higher than London and England** averages.

Prevention of ill-health

- **41% of children** across NEL are **overweight or obese**. **All places in NEL**, the prevalence of overweight (including obesity) in children is **higher than the England** average.
- **All places in NEL** have seen **Covid vaccination uptake lower than the England** average.
- **All NEL places** had a **significantly lower** proportion of maternity population **smoking at time of delivery than the England** average.
- **All NEL places** have **air pollution** (fine particulate matter concentration) **higher than the England** average of 9µg/m³

Best start in Life

- **Most NEL places** show a **higher** proportion of term babies with **low birth weight than London and England** averages.
- **All NEL places** show a rate of hospital **admissions as a result of self-harm** for young people (10-24 years) **lower than the England** average.
- **Most NEL places** have a **children in need rate higher than London and England** averages.

Ageing

- **Most NEL places** have a rate of those **diagnoses with dementia similar** to the national **target of 66.7%**

See slide notes for exceptions*

Major health conditions

- **Most NEL places** have a **lower diagnosis*** rate for **coronary heart disease, hypertension, atrial fibrillation, stroke, chronic kidney disease and COPD than England** averages.
 - **Majority of NEL places** have a **similar, if not lower** rate of **premature mortality from cancer, cardiovascular and respiratory diseases than London and England** averages.
- *NB: Lower diagnosis rates do not necessarily mean low prevalence and may indicate unmet diagnosis needs.*

Mental health

- **All NEL places** have a **lower** proportion of patients **diagnosed with depression** than the **England** average. However, the NEL population is also shown to have a **higher estimated prevalence of common mental disorders** than England average, meaning **low diagnosis rates may be a cause for concern**.

Newham

Population profile

Population size & growth

Newham has the **largest resident population** (353k) and is projected to have the **second greatest growth in NEL, growing at 31%** in the next 20 years. Its **GP registered population is 21% larger** than its **resident**, the **largest difference amongst NEL places**.

As an inner London *place*, Newham has a **large working age population of 61%**, and a particularly large 30-39 year age group. **Just 10%** of its population are in the **60+ group**.



Healthy life expectancy

Healthy life expectancy is **lower than England**.

Deprivation

87,000 people (24%) live in the LSOAs ranked **most deprived quintile** relative to England. Newham also **ranks 1 in the country** in the deprivation domain of **Barriers to Housing and Services**.

Newham also has **one of the highest** percentages of **children in absolute low income families (22%)** in both **NEL and London**. This is **notably higher** than **London and England averages**

Ethnicity

Newham is the **most ethnically diverse place in NEL as well as the country**. **White** ethnic groups account for just **25%** and those of **Asian** ethnic groups make up **nearly half (48%)** (*Comparing with 85% and 8% for England*).

Largest proportion of non-UK born population at 44% of *place* population.

Newham also has the **highest proportion** of people in NEL (**41%**) who speak a **language other than English as their main language** (Bengali 7%, Urdu 4%, etc.)

Prevention of ill-health

- Newham has the **lowest vaccination uptake** in NEL for both **Covid-19 & Flu**, with rates **below London and England averages**.
- **Cancer screening** (bowel, cervical, breast) rates are **lower than London and England**, and some of the **lowest in NEL**.
- These may indicate a **low engagement** with preventative healthcare, a **NEL-wide** issue.
- Percentage of **overweight or obese adults** and adults who are **physically inactive** are not only **higher than London and England averages** but are both the **highest rates in NEL**.
- Prevalence of **overweight and obesity** is **higher than England, 5th highest in the country**.

Best start in Life

- Newham has a proportion of term babies with **low birth weight** and **stillbirth** rates **higher than London and England averages**.
- Newham has a **notably higher rate** of **A&E attendances by young children** (0-4 years) than other NEL *places*
- Newham has the **second highest** emergency **admissions for asthma (<19 yrs)** in NEL, and **higher than London and England averages**

Major health conditions

- Rates for chronic kidney disease and COPD are **lower than England** and rates for hypertension, coronary heart disease, atrial fibrillation and stroke were **lower than England and London**. Newham's **younger population** may account for this.
- Rates for **atrial fibrillation** and **stroke** are **particularly low** compared to the **rest of NEL**.
- Prevalence rates for diabetes are **significantly higher** than **London and England averages**.

Mental health

- **Prevalence of common mental disorders** and **premature mortality** for adults with SMIs **higher than England** and **some of the highest in NEL**.
- Despite this, Newham has the **lowest** diagnosed prevalence of **depression in NEL**.
- **Inpatient stays** in secondary mental health services **higher than England average** and **second highest in NEL**.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

Tower Hamlets

Population profile

Population size & growth

Tower Hamlets has the **second largest resident population in NEL** (323k) and is estimated to **grow at 25%** in the next 20 years. Its **GP registered** population is **8% larger** than its **resident**.



Healthy life expectancy

Female healthy life expectancy is **lower than** the **England** average, while **male** healthy expectancy is **similar** to the average.

Deprivation

94,000 people (29%) live in the LSOAs ranked **most deprived quintile** relative to England. Proportion of children claiming **free school meals** is **nearly double** the **national rate** and **highest in NEL**. Tower Hamlets also **ranks third** for **children in absolute low income** families (**22%**) in both **NEL and London**.

Tower Hamlets has the **largest working age population (69%) in NEL**, while having the **smallest** proportion of young people (0-19) and 60+ population

Ethnicity

Under half the population (46%) are of **White** ethnicity. Tower Hamlets also has the **second largest Asian population** in NEL, 40% of its *place* population.

Just under 40% of the population is **non-UK born**. **34%** of people in Tower Hamlets speak a **language other than English** as their main language, with **Bengali** being the **largest at 18%**.

Prevention of ill-health

- **Cancer screening** (bowel, cervical, breast) rates are **lower than London and England** as well as **lowest in NEL**. These may indicate a **low engagement** with preventative healthcare, a **NEL-wide** issue.
- Tower Hamlets has the **second highest smoking rate in NEL, higher than London and England**.
- Tower Hamlets has the **11th highest** prevalence of **overweight or obese children (Year 6)**. Prevalence of **overweight or obese adults** are also **above London and England averages**.

Best start in Life

- Tower Hamlets has a proportion of term babies with **low birth weight** and **stillbirth** rates **higher than London and England averages**.
- **Lowest** rate for **under 18s conception** in NEL
- Percentage of **5 year old** with experience of visually obvious **dental decay** is not only **higher than London and England averages**, but **highest in NEL**.
- Regarding **admissions**, Tower Hamlets has the **lowest rate in NEL** for **asthma** and **diabetes** and the **highest rate** of admissions for **mental health conditions**.

Major health conditions

- Tower Hamlets has the **lowest prevalence** for hypertension, coronary heart disease, atrial fibrillation and stroke **in NEL**, as well as being **lower than London and England averages**. A **younger population** may account for this.
- However, Tower Hamlet's rate for **premature mortality for respiratory disease** was found to be **higher than London and England averages**.

Mental health

- **Premature mortality** of adults with severe mental illness was found to be the **highest in NEL and London**

Ageing

- **Admissions** due to **falls** are **highest in NEL**.
- Tower Hamlets not only had the **highest proportion of estimated diagnosed dementia in NEL**, but also the **only NEL place** with a proportion **above the national target of 66.7%**.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

Waltham Forest

Population profile

Population size & growth

Waltham Forest's **resident population** (275k) is projected to **grow 9%** in the next 20 years. It has the **second largest difference between its resident and GP registered population**, with the latter **17% larger**.



With a **working population of 59%** and **60+ population of 16%**, the age distribution closely **matches the NEL average**.

Ethnicity

Half the population (49%) are of **White** ethnicity, compared to **23%** who are of **Asian** ethnicity and **17%** who are of **Black** ethnicity.

32% of the population is **non-UK born**.

26% of people in Waltham Forest speak a **language other than English** as their main language, with **Urdu** and **Polish** being the **largest at 3%**.

Healthy life expectancy

While life expectancy and healthy life expectancy for **males is similar to England**, both rates are **above national average for females** and the **highest in NEL**.

Deprivation

43,000 people (16%) live in the LSOAs ranked **most deprived quintile** relative to England. Waltham Forest also **ranks 7 in the country** in the deprivation domain of **Barriers to Housing and Services**.

Waltham Forest also has the **fourth highest** percentage of **children in absolute low income** families in both **NEL and London**. However, it is the **NEL place** with the **lowest rate of children in need**.

Major health conditions

- Waltham Forest has the **highest** diagnosed prevalence rates for **chronic kidney disease in NEL, similar to London** and **England** averages.
- Prevalence for **coronary heart disease, atrial fibrillation** and **stroke** were **lower than London and England** averages. Prevalence for **hypertension** was **lower than England**. An age distribution similar to NEL (which is younger than England), may account for this.

Best start in Life

- Waltham Forest has the **lowest stillbirth rate in NEL** (4.2 per 1,000 livebirths), **similar to London** (4.5 per 1,000) and **England** (4.0 per 1,000).
- Rate of **A&E attendances** for young children (0-4 yrs) is **second highest in NEL** (728 per 1,000 population aged 0-4) and **higher than England** (670 per 1,000).
- Waltham Forest also has the **highest rate of admissions for asthma in NEL** (121.6 per 100,000 under 19 population), **higher than London** (73 per 100,000) and **England** (74 per 100,000) averages.

Mental health

- **Premature mortality** of adults with severe mental illness **highest in NEL and London**

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

NB: Across our indicators, Waltham Forest does not stand out as much as the other NEL places. This does not mean there is no area for improvement, but rather Waltham Forest has similar values to London and England averages across many metrics and has fewer indicators that were 'highest' or 'lowest' to list on this slide.

City & Hackney

Population profile

Population size & growth

City & Hackney's **resident population** of 298k is projected to have a **growth of 10%** in the next 20 years. Its **GP registered** population is **14% greater** than its **resident**.



Like other inner London *places*, City & Hackney has a **large working population**, with **65%** of the population aged **20-59 years**. It also has the **second smallest** proportion of **young people (0-19 years)** at **23%**.

Ethnicity

City & Hackney is one of two NEL *places* with a **predominantly White** population, at **57%**.

31% of the population in City & Hackney are **non-UK born***
24% of people in City & Hackney speak a **language other than English as their main** language, with **Turkish** being the **largest at 4%**.

Healthy life expectancy*

While **life expectancy** in City & Hackney is **similar to England**, **healthy life expectancy** is **significantly lower than England**. This is the **same for males and females**.

Deprivation

117,000 people (40%) live in the LSOAs ranked **most deprived quintile** relative to England. City & Hackney also **ranks 10 in the country** in the deprivation domain of **Barriers to Housing and Services**.

City & Hackney has the **highest** proportion of people in NEL **claiming Employment and Support Allowance**, notably **higher than London and England averages**.

City & Hackney has the **highest rate of children in need*** in **NEL**, notably **higher than London and England averages**.

**indicators representing Hackney only*

Prevention of ill-health

- Percentage of **adults classified as overweight or obese*** and **physical inactivity*** are **lowest in NEL** as well as being **below England average**.
- City & Hackney has **highest smoking prevalence*** in adults in NEL, **higher than London** and **England averages**.
- City & Hackney has one of the lowest **vaccination rates** for **both Covid-19* doses** as well as **Flu vaccination coverage (65+)**.
- Rates for **most cancer screening coverage (breast, cervical) *** were **similar to London** but **below England averages**.

Major health conditions

- City & Hackney has **some of the lowest prevalence** rates for **hypertension, coronary heart disease, atrial fibrillation, stroke** and **diabetes in NEL**. A relatively **younger** population may account for this.
- However, it also has the **second highest premature mortality** rate from **cancer in NEL**, **similar to London** and **England averages**.

Best start in Life

- City & Hackney has the **second highest** proportion of school **pupils claiming free school meals*** in NEL, **approx. double than London** and **England averages**.
- City & Hackney also has the **lowest** rate of hospital **admissions due to substance abuse in NEL**, **lower than England**.

Mental health

- City & Hackney **performs 'worse'** across **majority** of mental health indicators, where rates for prevalence for **common mental disorders, depression, severe mental illness** and **inpatient stays** in secondary mental health services are some of the **highest in NEL**.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

**indicators representing Hackney only*

Barking & Dagenham

Population profile

Population size & growth

Barking and Dagenham has the **smallest resident population** (214k) and is projected to have **second greatest growth of 32%** in the next 20 years. It's **GP registered** population is **10% greater** than its resident.



While **NEL** has an **average of 25%** of the population **aged 0-19**, Barking and Dagenham has **nearly a third (33%)**, making it the **youngest place in NEL**.

Ethnicity

Under half the population (46%) are of **White** ethnicity. Barking and Dagenham has an equal split for proportions of **Asian and Black** ethnicity (**24% each**), meaning Barking and Dagenham has the **largest proportion** of people of **Black ethnicity in NEL**.

Largest proportion of non-UK born population at **44%** of *place* population.

However, only **19%** of people in Barking & Dagenham speak a **language other than English as their main language**, with **Urdu and Polish** being the **largest at 3%**.

Healthy life expectancy

Barking & Dagenham is the **only place in NEL** where the **both life expectancy and healthy life expectancy is lower than England**. This is the same for both **females and males**.

Deprivation

115,00 people (54%) live in the LSOAs ranked **most deprived quintile** relative to England. Barking and Dagenham also **ranks 2 in the country** in the deprivation domain of **Barriers to Housing and Services**.

Barking and Dagenham has values 'worse' than England and rest of NEL across four of five Employment and Income related indicators - with the **lowest proportion of people in employment in NEL**, the **highest economic inactivity**, **second highest proportion of people claiming Employment Support Allowance** and the **highest proportion of children in absolute low income (23%)**.

Prevention of ill-health

- The prevalence of **overweight or obese children** not only the **highest in NEL**, but also **highest in England**. Proportion of **physical inactive adults** is **above London and England averages**.
- Barking & Dagenham has a **smoking rate higher than London and England**.

Best start in Life

- Barking and Dagenham had a proportion of term babies with **low birth weight** and **stillbirth rates higher than London and England averages**, and the **highest stillbirth rate in NEL**.
- Barking and Dagenham also had the **highest rate for under 18s conception** in NEL
- Rate of **admissions for asthma (<19)** is **higher than London and England averages**.

Major health conditions

- Regarding **premature mortality (cancer and respiratory)**, Barking and Dagenham not only had **rates higher than London and England**, but **highest in NEL**. This is **most extreme for respiratory cancer**, where rates for Barking and Dagenham were **approx. double London and England rates**.
- Diagnosed **prevalence** rates for **hypertension, coronary heart disease, atrial fibrillation, stroke** and **chronic kidney disease** were **lower than England and London**. A **younger population** may account for this. However, prevalence for **diabetes (17+)** was **higher than London and England**.

Mental health

- Estimated **prevalence of common mental disorders** higher than England averages.
- Barking and Dagenham has **one of the highest premature mortality rates for adults with severe mental illness in NEL**, higher than England averages.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

Havering

Population profile

Population size & growth

Havering's **resident population** (260k) is projected to have a **growth of 10%** in the next 20 years. Its **GP registered** population is **9% greater** than its **resident**.

Healthy life expectancy

Healthy life expectancy for **male** and **females** is **slightly higher than the England**. Havering is the **only place** in NEL with a **male healthy life expectancy higher than England**.

Ethnicity

Unlike most of NEL, Havering has the **vast majority (81%)** of its population of **White ethnicity**, making it the **least diverse place in NEL**

Havering has the **lowest proportion of non-UK born in NEL** at **17%**, which is **similar to England**.

Only **4%** of people speak a **language other than English as their main** language, with **Lithuanian and Polish** being the **largest at 1%**.

Havering has the **oldest population** in NEL, with 13% aged over 70 and **23% over 60 years**. It also has the **smallest working population** (53% compared to a NEL average of 60%)



Deprivation

Havering is ranked **180th out of 312** local authority areas in England, making it in the **less deprived** half with **20,000 people (8%)** live in the LSOAs ranked **most deprived quintile** relative to England.

Havering is the only **place in NEL** where rate for **children in absolute low income families** is **below London and England averages**.

It also has the **highest percentage of people in employment** and **lowest economic inactivity rate in NEL**.

Prevention of ill-health

- Percentage of **adults classified as overweight or obese** is **one of the highest in NEL** and is also **higher than London and England averages**.
- Havering has the **highest vaccination rates** for **both Covid-19 doses** as well as **Flu vaccination coverage (65+)**.
- Havering also has the **highest rates** for **cancer screening coverage (breast, cervical, bowel) in NEL, higher than London and England**. This is **most stark** when looking at **breast cancer** coverage.
- Havering has **notably lower air pollution** (fine particulate matter concentration) than the **rest of NEL**, however **still higher than England**.

Best start in Life

- Havering has the **lowest** proportion of term babies with **low birth weight in NEL, lower than London and England averages**.
- It also has the **lowest rate of A&E attendances** for **young children (0-4 yrs) in NEL, notably lower than London and England averages**. This is the **same trend** for proportion **pupils claiming free school meals** and **admissions for epilepsy**. This may be due to Havering's **relatively older population**.
- While all of NEL have notably lower rates for **admissions as a result of self-harm** compared to England, Havering the **highest rate in NEL**. Havering also has the **highest rate of admissions due to substance abuse in NEL, nearly double the London average** as well as the **highest rate of admissions for diabetes (<19 yrs)**.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

Major health conditions

- Havering has the **highest prevalence** rates for **hypertension, coronary heart disease, atrial fibrillation, stroke and COPD in NEL**. A **relatively older population** may account for this.
- However, Havering also has the **second lowest rate in NEL** for **premature mortality from cardiovascular diseases, lower than London and England**.

Mental health

- While Havering has the **lowest estimated prevalence of common mental disorders and severe mental illness** (schizophrenia, bipolar, etc.) **in NEL**, it also has **one of the highest** diagnosed prevalence of **depression in NEL**.
- Havering also has the **lowest** number of **inpatient stays** in secondary mental health services **in NEL**, and **lower than England average**.

Ageing

- Havering has **one of the highest** prevalence of **osteoporosis** as well as emergency **admissions for hip fracture**. It also has the **lowest dementia diagnosis**, well **below the national target of 66.7%**

Population size & growth

Redbridge's **resident population** (304k) is projected to have a **growth of 8%** in the next 20 years, which is the **smallest** resident population **growth in NEL**. Its **GP registered** population is **12% greater** than its **resident**.



Redbridge has a **relatively older population** compared to the other NEL *places*, with **18%** of people belonging to the **60+ years** age group.. However, it also has the **second largest** proportion of **young people** (0-19) at **27%**

Healthy life expectancy

Redbridge has **both similar life expectancy** and **healthy life expectancy** for **males and females** to **England**.

Ethnicity

Redbridge is the **second most diverse place** in NEL, with only **33%** being of **White ethnicity**. It also has the **largest Asian population** in NEL, **51%** of its *place* population.

43% of people are **non-UK born**.

25% of people speak a **language other than English as their main** language, with **Urdu (4%)**, **Panjabi (3%)** and **Tamil (3%)** being the **largest**.

Deprivation

Redbridge is ranked **173rd out of 312** local authority areas in England, making it in the **less deprived** half with **10,000 people (3%)** live in the LSOAs ranked **most deprived quintile** relative to England.

Redbridge has the **lowest** proportion of **people claiming Employment and Support Allowance**, as well as **one of the lowest** percentages of **16-17 not in employment or education in NEL**, both notably **lower than London and England** averages.

Best start in Life

- Redbridge has **one of the highest** proportions of term babies with **low birth weight in NEL**, notably **higher than London and England** averages.
- It also has **one of the highest** percentages **5 year old's** with experience of visually obvious **tooth decay**.
- Regarding admissions, Redbridge has the **lowest rate in NEL** for **mental health conditions (half of England rate)** but **one of the highest** in NEL for **substance abuse, above London and England** averages.

Prevention of ill-health

- **One of the highest** percentage of **physically inactive adults in NEL**, notably **higher than London and England** averages
- Redbridge has the **lowest smoking prevalence in adults in NEL**, notably **lower than London and England** figures.
- Redbridge has the **second highest vaccination rates** for **both Covid-19 doses** as well as **Flu vaccination** coverage (**65+**).
- Redbridge has **similar** rates for **cancer screening** coverage to **London**.

Major health conditions

- Redbridge has the **second highest prevalence** rates for **hypertension, coronary heart disease, atrial fibrillation, stroke in NEL**. A **relatively older population** may account for this. Redbridge also has the **highest** prevalence rates for **diabetes** in NEL.
- However, Redbridge has the **lowest** prevalence of **COPD** in NEL, **over half** of the **England average**.
- **Lowest premature mortality** rate (respiratory cardiovascular disease) in NEL, and below England average.

Mental health

- Redbridge performs consistently **'better'** across **majority** of mental health indicators, where rates for prevalence for **depression, premature mortality** in adults with severe mental illness and inpatient stays in secondary mental health services are **lower than England** and **some of the lowest in NEL**.

Ageing

- Redbridge has **one of the highest** prevalence of **osteoporosis** in NEL.

NB: Only indicators which "stand out" are selected. Not all indicators and chapters presented

List of indicators

Life expectancy and healthy life expectancy

- 1.1 Life expectancy at birth (male)
- 1.1i Healthy life expectancy (male)
- 1.2 Life expectancy at birth (female)
- 1.2i Healthy life expectancy at birth (female)

Employment and income

- 2.1 Percentage of people in employment
- 2.2 Economic inactivity rate
- 2.3 Proportion claim Employment Support Allowance (ESA)
- 2.4 Age 16/17, not in employment or education (NEET)
- 2.5 Children in absolute low income families

Prevention of ill-health

- 3.1 Prevalence of overweight or obese children, Year 6
- 3.2 Percentage of adults classified as overweight or obese
- 3.3 Percentage of physically inactive adults
- 3.4 Smoking prevalence in adults 18+ (GPPS)
- 3.5 Smoking status at time of delivery
- 3.6 Admissions for alcohol related conditions, narrow
- 3.7 Population vaccination coverage: COVID-19 (12+)
- 3.8 Population vaccination coverage: Flu (age 65+)
- 3.9 Breast Cancer screening coverage
- 3.10 Bowel Cancer screening coverage
- 3.11 Cervical Cancer screening coverage, 25-49
- 3.12 Air pollution, fine particulate matter

Best start in life

- 4.1 Infant mortality rate
- 4.2 Low birth weight of term babies
- 4.3 Stillbirth rate
- 4.4 A&E attendances (0-4 years)
- 4.5 Percentage of 5 year old's with visually obvious dental decay
- 4.6 School readiness: Reception good level development
- 4.7 Free school meals (all ages)
- 4.8 Children in need rate
- 4.9 Admissions for mental health conditions (0-17)
- 4.10 Admissions as a result of self-harm (10-24 years)
- 4.11 Admissions due to substance abuse (15-24 years)
- 4.12 Under 18s conception rate / 1,000
- 4.13 Emergency admissions for asthma (<19)
- 4.14 Emergency admissions for epilepsy (<19)
- 4.15 Admissions for diabetes (<19)

Major health conditions - Physical health

- 5.1 Under 75 mortality rate from all cardiovascular diseases
- 5.2 Diagnosed prevalence: Coronary heart disease, QOF
- 5.3 Diagnosed prevalence: Hypertension, QOF
- 5.4 Diagnosed prevalence: Atrial fibrillation, QOF
- 5.5 Diagnosed prevalence: Stroke, QOF
- 5.6 Diagnosed prevalence: Diabetes, QOF (17+)
- 5.7 Diagnosed prevalence: Chronic kidney disease, QOF (18+)
- 5.8 Under 75 mortality rate from cancer (3 year rate)
- 5.9i Under 75 mortality rate from respiratory disease (3 year rate)
- 5.9ii Diagnosed prevalence, COPD (QOF)

Mental health

- 6.1 Estimated prevalence of common mental disorders (16+)
- 6.2 Diagnosed Prevalence: Depression, QOF (18+)
- 6.3 Diagnosed prevalence: Bipolar Schizophrenia, psychoses, QOF
- 6.4 Inpatient stays in mental health services
- 6.5 Premature mortality in adults with severe mental illness
- 6.6 Suicide Rate

Ageing well

- 7.1 Emergency admissions due to falls (65+)
- 7.2 Emergency admissions for hip fracture (65+)
- 7.3 QOF Diagnosed prevalence: Osteoporosis, (50+)
- 7.4 Estimated dementia diagnosis rate (65+)